

TREATMENT PLAN

Disability Rights Louisiana (DRLA) is a statewide non-profit agency providing **FREE** legal services, advocacy, and other supports to people with disabilities of all ages.

WHAT IS MY TREATMENT PLAN?

Your treatment plan is a written plan of the services that will be provided by your treatment team. Your plan should show an active effort to improve your condition or prevent your condition from getting worse. Treatment may be provided at a hospital, an outpatient clinic, a group home, or a day program.

IS EACH PERSON'S TREATMENT PLAN THE SAME?

No. You have the right to have a plan that contains medical and social services to meet your **individual** needs.

CAN MY TREATMENT PLAN CHANGE AFTER IT IS WRITTEN?

Yes. Your plan must be reviewed at intervals of 30 days. If your condition changes (as documented by appropriate facility staff), your plan must be updated to show those changes.

DO I HAVE THE RIGHT TO ATTEND AND PARTICIPATE IN MY TREATMENT PLAN REVIEWS?

Yes. You have the right to be present at your review, to ask questions, and to comment on your plan. You may also have family members or other interested persons attend the review with you. This includes a **Client Advocate**.

WHAT SERVICES SHOULD BE IN MY TREATMENT PLAN?

Your plan should be the result of nursing, psychological, psychiatric evaluations, progress notes, and medical reports.

Your plan should include:

- your diagnosis
- your present medication
- your functional level
- your strengths and assets
- your specific problems
- long and short-term goals
- therapies, activities, and the frequency of these services
- a time frame for achieving goals
- discharge plans
- a time-frame for discharge
- the names of staff responsible for each listed therapy or activity
- your next review date

HOW DOES MY TREATMENT PLAN AFFECT MY DISCHARGE?

The services listed in your treatment plan should be designed to achieve your earliest possible discharge from care.

WHAT CAN I DO IF I DISAGREE WITH ANY AREA OF MY TREATMENT PLAN?

First you should express your concerns to your social worker and treatment team. If you are still not satisfied, you may contact a Client Advocate at Disability Rights Louisiana.

Call us toll-free at 1-800-960-7705
Visit: DisabilityRightsLA.org